

# THE HENRY

BAR & BISTRO

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## GLUTEN FREE MENU /

### ENTREE /

Garlic Pizza, sea salt, rosemary and mozzarella pizza \$15

Trio Of Dips, with gluten free pizza focaccia \$16

Chicken Satay Sticks, with peanut and garlic dipping sauce (3) \$10

Saganaki, served with a Greek salad and lemon \$12

Pork Ribs, slow cooked pork ribs in a smoky spice rub with homemade BBQ sauce \$10

### MAINS /

Grilled Barramundi, fries, house salad and lemon \$26.90

Lamb Salad, marinated grilled lamb rump, roma tomato, Spanish onion, baby spinach, kalamata olives, feta, lemon dressing, tzatziki \$26.90

Slow Cooked BBQ Beef Short Rib smoky spice rubbed, with crispy chat potatoes and seasonal vegetables \$29.90

Pork and Fennel Sausages, mash, onion jam, peas \$19.90

Chicken & Saffron Risotto, bacon, chorizo, herbs and prosciutto \$24.90

Wild Mushroom Risotto, asparagus, truffle oil, fresh herbs and parmesan crisps (V) \$23.90

Vietnamese Chicken Salad, tangy vietnamese coleslaw, asian herbs, peanuts, tamarind, lime and ginger dressing \$21.90

Honey & Thyme Goats Cheese Salad, fennel, radish, walnuts and pear \$22.90

Salt & Pepper Calamari, served with our house salad, fries, aioli and chipotle oil \$26.90

Open Steak Sandwich, scotch fillet, bacon, cheese, caramelised onion, tomato, lettuce, chutney, fries \$19.90



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## GLUTENFREE MENU /

### STEAKS /

All our beef is pasture raised and grass fed

All steaks served with fries, carrot puree, baked field mushroom, chargrilled asparagus and your choice of sauce: pepper, mushroom, red wine jus, garlic butter

300gm char-grilled Victorian Scotch Fillet steak \$32.90

350gm char-grilled Tasmanian Wilderness Porterhouse steak \$34.90

250gm char-grilled Tasmanian Wilderness Premium Eye fillet \$34.90

### PIZZA /

Margherita, napoli, buffalo mozzarella and fresh basil \$18

Prosciutto, napoli, olives, mushrooms, mozzarella \$19

Roasted Pumpkin, basil pesto, goats cheese, red pepper, mushroom, mozzarella (V) \$19

Peri Peri Chicken, napoli, red onion, cherry tomato, chilli flakes \$19

Prawn, basil pesto, feta, fresh chilli, spanish onion, mozzarella \$21

### SIDES /

Crispy chat potatoes with fried rosemary, salt flakes and aioli \$8

Fennel, radish, goats cheese, caramelised walnuts and pear salad (V) \$8

### DESSERTS /

Baileys Chocolate Mousse, double cream and mint \$12

Affogato, shot of coffee over ice-cream (V) \$9 add a shot of Frangelico \$4

